

Declutter Home Checklist

Kitchen

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|----|--|----|--|
| 1 | <input type="checkbox"/> Unused Appliances | 17 | <input type="checkbox"/> Unused Cookbooks |
| 2 | <input type="checkbox"/> Used Water Filters | 18 | <input type="checkbox"/> Old Takeout Menus |
| 3 | <input type="checkbox"/> Rusty Silverware | 19 | <input type="checkbox"/> Mismatched Tupperware Lids |
| 4 | <input type="checkbox"/> Expired Spices | 20 | <input type="checkbox"/> Empty Cleaning Product Bottles |
| 5 | <input type="checkbox"/> Leftover Paper Plates/Napkins | 21 | <input type="checkbox"/> Extra Takeout Condiments/Utensils |
| 6 | <input type="checkbox"/> Chipped Plates/Bowls | 22 | <input type="checkbox"/> Unused Shopping Bags |
| 7 | <input type="checkbox"/> Expired Pet Treats | 23 | <input type="checkbox"/> Junk Drawer |
| 8 | <input type="checkbox"/> Old/Unused Pantry Staples | 24 | <input type="checkbox"/> Old Knives |
| 9 | <input type="checkbox"/> Torn/Worn Dish Towels | 25 | <input type="checkbox"/> Broken Kitchen Gadgets |
| 10 | <input type="checkbox"/> Expired Spices | 26 | <input type="checkbox"/> Unused Coffee Mugs |
| 11 | <input type="checkbox"/> Duplicate Kitchen Utensils | 27 | <input type="checkbox"/> Excess Plastic Cups |
| 12 | <input type="checkbox"/> Empty/Flat Drink Bottles | 28 | <input type="checkbox"/> Mismatched Silverware |
| 13 | <input type="checkbox"/> Cracked/Worn Storage Containers | 29 | <input type="checkbox"/> Leftover Ingredients |
| 14 | <input type="checkbox"/> Old Pots & Pans | 30 | <input type="checkbox"/> Old Baby Bottles |
| 15 | <input type="checkbox"/> Paper Clutter | 31 | <input type="checkbox"/> Old Frozen Food |
| 16 | <input type="checkbox"/> Old Storage Containers | | |

Living Room

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|----|--|----|--|
| 1 | <input type="checkbox"/> Empty Candles | 11 | <input type="checkbox"/> Wall Art |
| 2 | <input type="checkbox"/> Dead Flowers | 12 | <input type="checkbox"/> Coasters |
| 3 | <input type="checkbox"/> Old/Read Magazines | 13 | <input type="checkbox"/> Damaged Lamp Shades |
| 4 | <input type="checkbox"/> Damaged Pet Toys | 14 | <input type="checkbox"/> Chargers |
| 5 | <input type="checkbox"/> Table Drawers | 15 | <input type="checkbox"/> Tcochtkes |
| 6 | <input type="checkbox"/> Extra Glass Vases | 16 | <input type="checkbox"/> Dead Batteries |
| 7 | <input type="checkbox"/> Old Remotes | 17 | <input type="checkbox"/> Flat/Old Pillows |
| 8 | <input type="checkbox"/> Unused VHS Tapes/DVDs | 18 | <input type="checkbox"/> Books |
| 9 | <input type="checkbox"/> Video Games | 19 | <input type="checkbox"/> Unused Decor |
| 10 | <input type="checkbox"/> Gaming Systems | | |

Declutter Home Checklist

Playroom

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|----|---|----|--|
| 1 | <input type="checkbox"/> Unused/Old Linens | 13 | <input type="checkbox"/> Purses |
| 2 | <input type="checkbox"/> Empty Tissue Boxes | 14 | <input type="checkbox"/> Empty Shoe Boxes |
| 3 | <input type="checkbox"/> Old Pillows | 15 | <input type="checkbox"/> Unworn Clothing |
| 4 | <input type="checkbox"/> Unidentified Remote Controls | 16 | <input type="checkbox"/> Broken Coat Hangers |
| 5 | <input type="checkbox"/> Nightstand Drawers | 17 | <input type="checkbox"/> Socks Without a Pair |
| 6 | <input type="checkbox"/> Dresser Drawers | 18 | <input type="checkbox"/> Magazines |
| 7 | <input type="checkbox"/> Jewelry | 19 | <input type="checkbox"/> Unused Suit Bags |
| 8 | <input type="checkbox"/> Chargers | 20 | <input type="checkbox"/> Damaged Shoes |
| 9 | <input type="checkbox"/> Scarves | 21 | <input type="checkbox"/> Leftover Buttons |
| 10 | <input type="checkbox"/> Socks/Underwear with Holes | 22 | <input type="checkbox"/> Outgrown Kids' Clothing |
| 11 | <input type="checkbox"/> Loose Change | 23 | <input type="checkbox"/> Stretched/Old Bras |
| 12 | <input type="checkbox"/> Damaged Belts | 24 | <input type="checkbox"/> Extension Cords |

Office/Craft Room

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| 1 | <input type="checkbox"/> Instruction Manuals | 15 | <input type="checkbox"/> Old Stationery |
| 2 | <input type="checkbox"/> Old Receipts | 16 | <input type="checkbox"/> Unused Jump/Thumb Drives |
| 3 | <input type="checkbox"/> Junk Mail | 17 | <input type="checkbox"/> Unidentified Charging Cables |
| 4 | <input type="checkbox"/> Scrap Paper | 18 | <input type="checkbox"/> Magazines |
| 5 | <input type="checkbox"/> Unneeded Paperwork | 19 | <input type="checkbox"/> Used/Empty Notepads |
| 6 | <input type="checkbox"/> Crumbled/Damaged Paper Products | 20 | <input type="checkbox"/> Old/Empty Craft Supplies |
| 7 | <input type="checkbox"/> Old Printer Cartridges | 21 | <input type="checkbox"/> Read Books |
| 8 | <input type="checkbox"/> Old Electronics | 22 | <input type="checkbox"/> Tape |
| 9 | <input type="checkbox"/> Almost Empty Wrapping Paper Rolls | 23 | <input type="checkbox"/> Old Bills |
| 10 | <input type="checkbox"/> Dried Out Pens | 24 | <input type="checkbox"/> Newspapers |
| 11 | <input type="checkbox"/> Excess Gift Wrapping Supplies | 25 | <input type="checkbox"/> Outdated Electronics |
| 12 | <input type="checkbox"/> Old Cell Phones/Cases | 26 | <input type="checkbox"/> Post-It Notes |
| 13 | <input type="checkbox"/> Staples/Staplers | 27 | <input type="checkbox"/> Coupons |
| 14 | <input type="checkbox"/> Extension Cords | 28 | <input type="checkbox"/> Folders |

Declutter Home Checklist

Outside Areas

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|----|---|----|--|
| 1 | <input type="checkbox"/> Broken Toys | 13 | <input type="checkbox"/> Damaged Play Sets |
| 2 | <input type="checkbox"/> Rusted Tools | 14 | <input type="checkbox"/> Scrap Building Material |
| 3 | <input type="checkbox"/> Frisbees | 15 | <input type="checkbox"/> Dried-Out Paint Cans |
| 4 | <input type="checkbox"/> Potting Soil | 16 | <input type="checkbox"/> Old Sports Equipment |
| 5 | <input type="checkbox"/> Car Cleaners | 17 | <input type="checkbox"/> Helmets |
| 6 | <input type="checkbox"/> Pots & Planters | 18 | <input type="checkbox"/> Old Hoses |
| 7 | <input type="checkbox"/> Stadium Cushions | 19 | <input type="checkbox"/> Screws & Nails |
| 8 | <input type="checkbox"/> Garden Gloves | 20 | <input type="checkbox"/> Chargers |
| 9 | <input type="checkbox"/> Tools | 21 | <input type="checkbox"/> Hand Tools |
| 10 | <input type="checkbox"/> Lawn Chairs | 22 | <input type="checkbox"/> Sprinklers |
| 11 | <input type="checkbox"/> Deflated Balls | 23 | <input type="checkbox"/> Extra Storage Bins |
| 12 | <input type="checkbox"/> Boots | 24 | <input type="checkbox"/> Paint Brushes |

Digital

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|---|--|----|--|
| 1 | <input type="checkbox"/> Duplicate Pictures | 6 | <input type="checkbox"/> Social Media Follows |
| 2 | <input type="checkbox"/> Unused Apps | 7 | <input type="checkbox"/> Unneeded Text Messages |
| 3 | <input type="checkbox"/> Junk Email | 8 | <input type="checkbox"/> Old Screenshots/Memes |
| 4 | <input type="checkbox"/> Watched TV Shows on DVR | 9 | <input type="checkbox"/> Completed/Unneeded Inbox Emails |
| 5 | <input type="checkbox"/> Items on Computer Desktop | 10 | <input type="checkbox"/> Old Contacts |

Miscellaneous

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| 1 | <input type="checkbox"/> Empty Lighters | 9 | <input type="checkbox"/> Duplicate Holiday Cards |
| 2 | <input type="checkbox"/> Unused Reward/Loyalty Program Cards | 10 | <input type="checkbox"/> Camping Equipment |
| 3 | <input type="checkbox"/> Empty Baby Wipes Boxes | 11 | <input type="checkbox"/> Extra Storage Boxes |
| 4 | <input type="checkbox"/> Holiday Decor | 12 | <input type="checkbox"/> Luggage |
| 5 | <input type="checkbox"/> Wreaths/Door Hangers | 13 | <input type="checkbox"/> Old Pet Supplies |
| 6 | <input type="checkbox"/> Unused Furniture | 14 | <input type="checkbox"/> Business Cards |
| 7 | <input type="checkbox"/> Beach Supplies | 15 | <input type="checkbox"/> Expired Coupons/Gift Cards |
| 8 | <input type="checkbox"/> Old Calendars | 16 | <input type="checkbox"/> Loose Change |